



## *Welcome to The Ardmore*

A place where an ethos of independence and choice is fostered in an environment where consistent high-quality care is provided.

Formerly The Ardmore Hotel, this facility has kept its homely atmosphere and old-world charm for a pleasant stay, whether you're here with us for a short time, or you choose to make your home with us.



# *Person-Centered Care, Tailored to Your Needs*



## SHORT TERM AND STEPDOWN CARE

- **Convalescence Care:** Our specialties include post op recovery for joint replacements and cataract surgery, providing an excellent standard of care in a dedicated area designed with short stay re-enablement needs in mind.
- **Respite Care:** We're here for you when you may need some extra TLC, offering a temporary home from home with plenty of activities and stimulation to keep you living your best life possible.

The staff always listen and take care of your needs', just ask and it is done. Their motto is "We are family", which is a very true statement, you soon know them all and they do become family.

## LONG TERM RESIDENTIAL CARE

- **Dementia Friendly Care:** The Ardmore incorporates homely features that provide familiarity and stimulation for residents in a setting they are comfortable in.
- **Dependency Care:** Frail elderly and other dependent adults are welcome to make their home with us, providing a safe space where they can be themselves, live life to the full, connected to their family, their friends and their local community.
- **Palliative Care:** A CareChoice speciality, we strive to make residents and families as comfortable as possible during this difficult time and both residents and their families are treated with the utmost dignity and respect.

*Resident at The Ardmore*





# Meet The Team

## **Victorita Stan** **Director of Nursing**

Hi, my name is Victorita and I am the Director of Nursing here at The Ardmore Nursing home.

I have worked in the healthcare sector since 2013, in both the public and private sector.

I have a vast array of experience of working in care of the elderly settings both in Ireland and the UK.

In the few last years I have completed a number of courses in the Royal College Of Surgeons such as Pg. Diploma in Nursing ,Pg. Certificate in Wound management and Tissue Viability and currently completing a Master degree in Quality and Safety in Healthcare Management in order to provide excellent care to residents. My love for elderly care came like many, from looking after my grandmother in my teenage years.

I am extremely passionate about delivering exceptional, person-centered care to residents and ensuring a high standards of support. Residents should have the opportunity to live their lives to the fullest therefore I highly encourage residents and families to express their suggestion or opinions.

I enjoy working with residents, their loved ones, and all the team here at The Ardmore.

## **Jacqueline Malone – Senior Administrator**

Jackie looks after all enquiries and admissions at The Ardmore and is the main point of contact for all enquires and admissions.

Jackie has been an integral part of the team at The Ardmore having worked as Senior Receptionist prior to her appointment as Administrator in April 2023.

Jackie has an extensive background and experience in customer relations, and she will be delighted to guide you through the enquiry and admission process. Jackie will make sure all of your queries are answered and is always happy to help.

**If you are looking to enquire about Carechoice Finglas please contact Jackie on: (01) 88 00 900 or alternatively email [jacqueline.malone@carechoice.ie](mailto:jacqueline.malone@carechoice.ie)**

The Ardmore Care Home is supported by the clinical team Assistant Director of Nursing Claudia Todinca, Clinical Nurse Managers, Staff Nurses, Care team, Catering team, Maintenance, Activities team, Reception and Housekeeping teams.

Our talented Head Chef is specialty trained in the IDDSI framework for people living with dysphagia. Supported by a fantastic catering team, they create monthly menus in consultation with residents.

We employ a dedicated activities team that strives to keep our resident's hobbies and interests alive. Outings are organised at regular intervals to areas of local interest such as the Botanic Gardens , the Zoo and to Howth harbour to name a few.



# Services, Facilities and Next Steps



## Services provided:



General Practitioner



24/7 Nursing Cover



Physiotherapy up to 5 days a week



Occupational Therapy



Psychiatry of old age, if required



Pharmacy Services



Speech and Language Therapy



Tissue Viability Nurse



Religious Services



Dietitian



## Facilities

The Ardmore Care Home can accommodate up to 89 residents of all different dependency levels and clinical diagnoses, for both short and long-term stays. No matter how long you're with us, we do our utmost to make you feel at home with us.



## Our Additional Facilities Include:

- A short stay area for convalescence and respite Care stays
- The Monas Garden recreational space
- Hairdressing studio
- Multiple quiet and recreational rooms

We're here for you, so let us know if there is anything further we can do, to make the decision easier for you.

## Contact our friendly team for more information about:

- Short Term and Long-Term Care Options
- Care Needs Assessments
- Further Care Home Viewings
- Your Financing Options.



## Contact

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Senior Administrator

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