



Welcome to The Ardmore

A place where an ethos of independence and choice is fostered in an environment where consistent high-quality care is provided.

Formerly The Ardmore hotel, this facility has kept its homely atmosphere and old-world charm for a pleasant stay, whether you're here with us for a short time, or you choose to make your home with us.



Person-Centred Care, Tailored to Your Needs



SHORT TERM AND STEP DOWN CARE

- **Convalescence Care:** our specialties include post op recovery for joint replacements and cataract surgery, providing an excellent standard of care in a dedicated area designed with short stay re-enablement needs in mind.
- **Respite Care:** we're here for you when you may need some extra TLC, offering a temporary home from home with plenty of activities and stimulation to keep you living your best life possible.

LONG TERM RESIDENTIAL CARE

- **Dementia Friendly Care:** Our dementia friendly unit is one of the best in the region, with homely features that provide familiarity and stimulation for residents in a setting they are comfortable in.
- **Dependency Care:** Frail elderly and other dependent adults are welcome to make their home with us, providing a safe space where they can be themselves, live life to the full, connected to their family, their friends and their local community.
- **Palliative Care:** A CareChoice speciality, we strive to make residents and families as comfortable as possible during this difficult time and both residents and their families are treated with the utmost dignity and respect.

The staff always listen and take care of your needs', just ask and it is done. Their motto is "We are family", which is a very true statement, you soon know them all and they do become family.

Resident at The Ardmore



Meet The Team

Nichola Steen – Director of Nursing

Nichola has a vast array of experience of working in care of the elderly settings both in Ireland and Australia. Having qualified from University College Dublin with an honour's degree in 2008, she subsequently, went on to obtain her master's degree in applied healthcare management from University College Dublin in 2014. Prior to her appointment at CareChoice Finglas, Nichola has worked within a management capacity in both single entity and larger nursing home groups. Nichola is passionate about ensuring that the concept of person-centred care is at the forefront of all care provided within the home.



Yaness Bissessur – Senior Administrator

Yaness looks after all enquiries and admissions at CareChoice Finglas and is the main point of contact for all enquires and admissions. Yaness has over 14 years' experience in hospitality. Prior to his move into this role, he has been working closely with our residents in a caring capacity in CareChoice Finglas.



Yaness will be delighted to guide you through the enquiry and admission process. He will make sure all of your queries are answered and is always happy to help.

If you are looking to enquire about Carechoice Finglas please contact Yaness on: (01) 88 00 900 or alternatively email: yaness.bissessur@carechoice.ie

The Ardmore Care Home is supported by the clinical team Assistant Director of Nursing Anca Bida, Clinical Nurse Managers, Staff Nurses, Care team, Catering team, Maintenance, activities team, reception and housekeeping teams.

Our talented Head Chef is specialty trained in the IDDSI framework for people living with dysphagia. Supported by a fantastic catering team, they create monthly menus in consultation with residents.

Dedicated Activities Team

We employ a dedicated activities team that strives to keep our resident's hobbies and interests alive. Outings are organised at regular intervals to areas of local interest such as the Botanic Gardens, the Zoo and to Howth harbour.



Pictured bottom right is Anca Bica, The Ardmore's Assistant Director of Nursing.

Services, Facilities and Next Steps



Services provided:



General Practitioner



24/7 Nursing Cover



Physiotherapy up to 5 days a week



Occupational Therapy



Psychiatry of old age, if required



Pharmacy Services



Speech and Language Therapy



Tissue Viability Nurse



Religious Services



Dietitian

Facilities

The Ardmore Care Home can accommodate up to 89 residents of all different dependency levels and clinical diagnoses, for both short and long-term stays. No matter how long you're with us, we do our utmost to make you feel at home with us.

Our Additional Facilities Include:

- A dedicated dementia friendly floor to host up to 14 Residents at a time
- A dedicated short stay area for convalescence and respite care stays
- The Monas Garden recreational space
- Hairdressing studio
- Multiple quiet and recreational rooms

We're here for you, so let us know if there is anything further we can do, to make the decision easier for you.

Contact our friendly team for more information about:

- Short Term and Long-Term Care Options
- Care Needs Assessments
- Further Care Home Viewings
- Your Financing Options.



Contact us

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