

# Swords



## INTRODUCTION

Since 2019 we've been located right in the heart of the vibrant community of Swords. We're proud to be an active member of the community nurturing our links to local clubs, councils and activities. From our Castle Café on the top floor you can look out over the village and Swords Castle, while our courtyard and secret gardens are framed by the tranquil Ward River.

CareChoice Swords operates with a simple philosophy – we know all our Residents are individuals and we want them to stay that way, so we go the extra mile to ensure that they can live the life they want right here in Swords.

To ensure that's always the case we've assembled an incredible, largely local team, each of whom understand their role and work together to create an atmosphere that is approachable, friendly and fun. Each member of our team is committed to continuous learning and improvement, so we're always offering the highest standard of individual care for our Residents.

We're always delighted to answer questions or queries from Residents or their families, it's an essential part of how we do things – so if something occurs at any stage, just ask us.

“

I feel at home and everyone makes me feel special and helped me to settle in at the beginning stage.

Resident CareChoice Swords

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## OUR TEAM



### Jill O'Neill – Senior Administrator

Jill looks after all admissions enquiries in CareChoice Swords and is the main point of contact when you get in touch with us. She has over 7 years of experience working within Nursing Homes as an Administrator. Jill has been a member of the CareChoice Swords team since its opening.

If you are looking to enquire about admissions to CareChoice Swords please contact Jill on 01-223 3880 and select admissions or alternatively email Jill at [reception.swords@carechoice.ie](mailto:reception.swords@carechoice.ie)



### Emmet Gleeson – Director of Nursing

**Qualifications:** RPN, RSCN, H. Diploma, MSc Mental Health & MSc in Healthcare Management.









**Professional Focus:** Emmet has 13 years' experience in a variety of healthcare settings. Emmet is a Registered Psychiatric Nurse. He also holds a Masters Degree in both Mental Health and Healthcare Management. Emmet has worked in the public and private healthcare sector throughout his professional career and has a passion in delivering quality care to the older person.

Email: [emmet.gleeson@carechoice.ie](mailto:emmet.gleeson@carechoice.ie)

## SERVICES/BUILDINGS

At CareChoice Swords we offer a range of different services to our Residents.

A sample of some of these services are:

-  **Hairdressing**
-  **Physiotherapy**
-  **Occupational Therapy**
-  **Chiropody**
-  **General Practitioner**
-  **Pharmacy Services**
-  **Religious Services**
-  **Exercise Sessions**



Our talented Head Chef is specially trained in the IDDSI framework for people living with dysphagia. Supported by a fantastic catering team he creates monthly menus in consultation with the Residents. In addition, special meals to complement our themed events – such as our French Riviera Night – are always keenly anticipated.

Central to the construction of the purpose-built CareChoice Swords was care for our Residents. Each floor is delightfully themed around local Swords areas and the entire building is decorated with artwork and photographs provided by local historians.

With all the convenience of a modern building, CareChoice Swords also creates a sense of warmth and comfort for all our Residents. Residents keen on gardening can enjoy tending the raised flowerbeds of our secret gardens, while our rooftop balcony is the perfect place to catch some sun on a summer's day.

**The result is a stunning 158-bed nursing home, which boasts a number of wonderful features:**

### General Features

- Dining Rooms one on each floor
- Sitting Rooms one on each floor
- 3 Activity Rooms
- 3 Quiet Rooms
- Large Open Plan Reception area with seating for family and Residents
- The Castle Café, located on our top floor with stunning panoramic views of North County Dublin, perfect for private family gatherings
- Private underground car park
- Controlled access to and from the building



### External Features

- Beautifully landscaped courtyard  
– includes raised flower beds that leads to our secret garden
- Balconies located on each floor
- Outdoor rooftop seated area, located on our top floor
- Outdoor rooftop area with direct access from our dementia friendly floor

### Specialised Features

- Nurses Stations on each floor
- Dementia friendly floor
- Assisted bathroom on each floor
- State of the art kitchen and laundry facilities
- Separate lifts for families and facilities staff

# RESIDENT WELLBEING

**At CareChoice Swords, we're passionate about social activities.**

We employ a dedicated Activities Team that strives to keep our Residents' hobbies and interests alive so they can continue doing what they love. They work together with our Residents' Committee which meets regularly to choose activities, trips and social gatherings.

## **Our team facilitates:**

- Bingo
- Movie Afternoons
- Music Club/Sessions
- Quizzes
- Pet Therapy
- Reminiscence Sessions/Discussion Groups
- Outings
- Sensory Activities including our Magic Table
- Arts and Crafts Projects
- Seasonal Activities
- Visits to the Home from local groups and choirs



**Our Activities Team are constantly creating new activities for Residents, such as:**

- Themed Evenings
- Men's Shed
- Ladies Club
- In House Spa Days
- Pop-up Vintage Jewellery Stand
- "Gran's Christmas Story" a story created for local children in Swords
- "Try a New Brew Trolley" (Tea Trolley)
- Themed Cart every fortnight; has included an ice cream trolley, a pancake trolley and a cake cart

Our programme is carefully tailored so that each Resident can choose activities that they like most and we provide one-to-one activities for Residents that aren't keen on group settings.

To make sure we're always doing what's best for our Residents, in addition to weekly feedback, we undertake a Satisfaction Survey each year. Lead by the Activities Team, the survey provides us with invaluable feedback and ensures every Resident has their voice heard.



## OUR CARE

### At CareChoice our philosophy places Residents at the centre of their own care.

Our aim is to give Residents the best quality of life and the best possible care, so our 24/7 care is individualised and planned alongside Residents and families. Our NMBI Registered Nursing Team and QQI accredited Healthcare Assistants take pride in providing compassionate, individualised care for Residents.

We specialise in several different models of care, the type of care that suits your loved one will depend on their individual needs and preferences.

### Our Care Includes:

- Full-Time Residential Care
- Convalescence Care
- Respite Care
- End Of Life Care
- Dementia Care



## CONTACT US

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